

Raw Hippy Stews

Check out our daily featured stew. Served with our signature raw dehydrated Hippy-Cruncher Flatbread

Hang Loose Coconut Curry Stew

Creamy curry coconut with mushrooms, carrot, tomato, red bell pepper, red onion...\$7

Harvest Pumpkin Stew

Creamy pumpkin goodness with a hint of cinnamon...\$7

Savoury Appies

Onion Rings & Nacho Cheeze Dip...\$7

Cheezy Kale Chips....\$6

Dilly Pickle Wedge...\$1.50

Hippy Cruncher Cheeze Plate (raw crackers, herbed cream cheeze, veggies, olives)...\$9

Sweets

Made with no refined sugars or preservatives, Availability may vary.

Brownie Bliss Squares

Dense fudgy brownie slice made with cacao powder, walnuts & dates, topped with rich chocolate frosting...\$5

Lemony Bars

Tangy lemon creaminess with our signature walnut date crust, and just a pinch of turmeric for that gorgeous colour...\$5

Hippy Bars

VHC energy bars made with cashews, almonds, goji berries, cacao nibs, coconut oil & dates...\$5

Flashback Salted Caramel Squares

Experience guiltless pleasure with these decadent bars made with layers of chewy caramel, chocolate and nutty goodness...\$5

Gramma's Carrot Cake

Dense cinnamon-kissed carrot cake slice with a big dollop of cashew cream cheese frosting and topped with coconut...\$7

Dharma Cheezecake

Tangy fresh raspberry, lemon, chocolate, pumpkin or creme brulee cashew cheesecake by the slice done up New York style...\$7

Hot Drinks

Vegan Brew (a boost like coffee without the crash)

Our house blend of maca, cacao, matcha, coconut oil, coconut sugar & house-made almond mylk...\$3.95

Matcha Latte (fragrant, rejuvenating, nutritious)

Matcha, almond mylk, optional *coconut sugar...\$3.95

Spicy Hippy Brew (a warming cacao drink with a bit of a kick)

Our house blend of cacao, cinnamon, cayenne, maca, coconut oil, coconut sugar & house-made almond mylk...\$3.95

VHC Signature Organic Tea Blends

VEGANARCHIST TEA (roiboos, dandelion root, fennel seed, peppermint leaf)...\$2.25

YOGA TEA (chamomile, french lavender, lemon balm, nettle leaf)...\$2.25

Level Ground Hot Teas (organic, fair-trade)

A selection of brewed tea...\$2.25

Papa's Heavenly Hot Chocolate

Rich hot cacao, coconut sugar & almond mylk...\$3.95

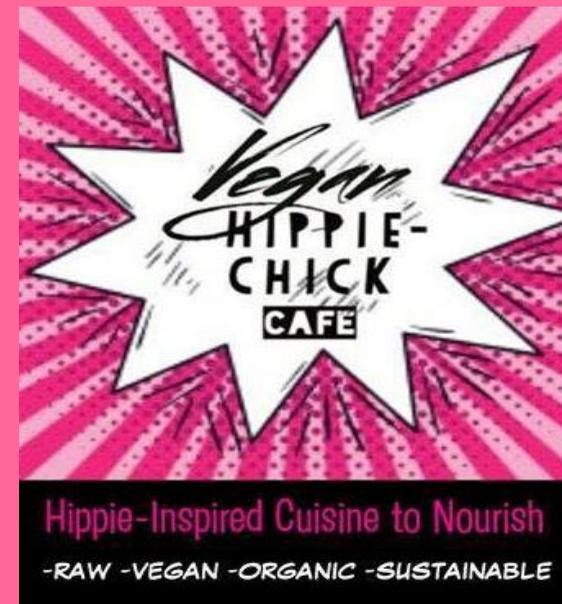
Bottled/Canned Drinks

Sodas... \$2.95

Iced Teas... \$2.95

Kombucha... \$5.95

Water is always FREE



STORE HOURS:

Mon-Sat: 10am-5pm
Sundays: closed for rest

OUR LOCATION:

1034 Fort Street
Victoria, BC, V8V 3K4

CONTACT US:

778-265-8224

COMMENTS/QUESTIONS:

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VISIT US ONLINE:

www.veganhippiechick.com



Smoothies

Monkey Bars Smoothie

Banana, cacao powder, cacao nibs, cashews, maple syrup, almond mylk (16 oz.)...\$8

Peace-Out Smoothie

Strawberry, mango, banana, orange juice (16 oz.)...\$8

Far Out Smoothie

Blueberry, strawberry, raspberry, banana, almond mylk (16 oz.)...\$8

Green Peace Smoothie

Greens, mango, banana, spirulina, hemp hearts, orange juice (16 oz.)...\$8

Magic Butterfly Smoothie

Blueberry, lavender, banana, almond mylk (16 oz.)...\$8

Jack-o-Lantern Smoothie

Pumpkin, cinnamon, maple syrup, Banana, almond mylk (16 oz.)...\$8

Breakfast

Served ALL Day

Hippie Egg-less Breakfast Sandwich

Almond chipotle egg-less scramble, marinated mushrooms, red bell pepper, onion with lettuce, tomato, cashew mayo on our signature Hippie-Cruncher Flatbread...\$11

Vegan Brew (a boost like coffee without the crash)

Our house blend of maca, cacao, matcha & coconut oil...\$3.95

Superhero Breakfast Smoothie

Coconut, maca, hemp hearts, pineapple, banana, mango & orange juice(16 oz.)...\$8

Sandwiches

Made with our signature raw dehydrated Hippie-Cruncher Flatbread & a dilly pickle wedge on the side

Chick'n Caesar Sandwich

Creamy cashew caesar sunflower seed chick'n salad, leafy greens, sprouts, tomatoes, cashew mayo & mustard...half/\$7 full/\$11

Oyster Mushroom "Pulled Pork" Sandwich

Oyster mushroom "pulled pork" coated in our house-made BBQ sauce topped with leafy greens, sprouts, tomatoes, cashew mayo & mustard...half/\$7 full/\$11

BacunLT Sandwich

Smokey coconut bacun, leafy greens, sprouts, tomato, cashew mayo & mustard...half/\$7 full/\$11

Veg-Out Sandwich Leafy greens, sprouts, tomatoes, cucumbers, red onion, cashew mayo & organic mustard...half/\$7 full/\$11

Raw Veggie Burgers

Made with our signature raw dehydrated Hippie-Cruncher Flatbread & a dilly pickle wedge on the side

Route 66 BBQ Chick'n Burger

Sunflower chick'n caesar raw veggie burger topped with coconut bacun, leafy greens, sprouts, tomatoes drizzled with house-made BBQ sauce, cashew mayo & mustard...\$13

Activist Veggie Burger

Our delicious sunflower walnut raw veggie burger topped with leafy greens, sprouts, tomatoes, dilly pickles drizzled with house-made BBQ sauce, cashew mayo & mustard...\$13

Save The Turkeys Sandwich

Our savoury raw vegan turkey burger topped with warmed mushroom gravy, leafy greens, sprouts, tomatoes, cashew mayo & mustard and a side of Purple Haze Slaw...\$13

Salad Bowls

Served with our signature raw dehydrated Hippie-Cruncher Flatbread

VHC Farm House Salad Bowl

Leafy greens, sprouts, tomatoes, cucumbers, sunflower seeds, carrots & beets. House-made dressing: Cashew Ranch or Maple Mustard Vinaigrette...\$12

Far Out Falafel Salad Bowl

Raw dehydrated falafels, leafy greens, tomatoes, red onion, cucumbers. House-made dressing: Cashew Ranch or Maple Mustard Vinaigrette...\$12

Flower Power Pad Thai Bowl

Zucchini noodles, shredded carrot, purple cabbage, sprouts, mushrooms & red bell pepper with our spicy sesame cashew sauce...\$12

Trippy Taco Salad Bowl

Walnut "meet" & tomatoes on a bed of greens with a dollop of cashew sour cream and drizzled with nacho cheeze sauce...\$12

Gourmet Raw Pizza By The Slice

V for Veggie cashew garlic sauce, mushrooms, red bell pepper, red onion, cucumber, cilantro on our raw sprouted buckwheat crust...\$9

The Dude cashew garlic sauce with smoky coconut 'bacon', pineapple, tomato & basil on our raw sprouted buckwheat crust...\$9

Nacho Haze nacho cheeze sauce topped with walnut meet & tomatoes on our raw sprouted buckwheat crust...\$9

Party Platters & Birthday Cakes

We do our raw vegan sweet squares, cakes and salads up for parties. Ask us for details

www.veganhippiechick.com